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We claim:

1. A method comprising:

entering at least one destination address into a web browser, wherein each destination address is associated with a remote user device having an electronic telephone directory;

entering at least one telephone number record into the web browser; and

sending the at least one telephone number record from the web browser through a network to each remote user device at the at least one destination address.

2. The method of claim 1, further comprising:

recording the at least one telephone number record into the electronic telephone directory of each remote user device.

- 3. The method of claim 1, further comprising:
- d. determining if each telephone number record already exists in the electronic telephone directory, wherein each telephone number record includes a telephone number and an alphanumeric reference;
- e. recording each telephone number record into the electronic telephone directory if the telephone number and alphanumeric reference do not already exist in the electronic telephone directory; and
- f. providing notification to a user device if the at least one telephone record contains any telephone number or alphanumeric reference that already exists in the electronic telephone directory.
- 4. The method of claim 3, wherein the step of providing notification further comprises:
- g. prompting the user device for an instruction selected from the group consisting of instructions to delete the telephone number record from the message and instructions to

update the electronic telephone directory with the telephone number record from the message; and

h. executing the instruction.

- 5 5. The method of claim 1, wherein each user device is selected from a mobile telephone, a personal computer, a voice mail messaging service, a FAX machine, a handheld computer, and a personal digital assistant.
- 10 6. The method of claim 1, wherein each user device is selected from the group consisting of a device that can store and retrieve information and is connectable to a telephone network, and a device that can store and retrieve information and is connectable to a computer network.
  - 7. The method of claim 1, wherein each destination address is selected from the group consisting of a computer network address, Internet address, and telephone number.
  - 8. The method of claim 1, wherein the at least one telephone number record comprises a telephone number and an alphanumeric identifier for the telephone number.
- 9. The method of claim 1, wherein the at least one telephone 25 number record comprises parameters selected from the group consisting of a telephone number, contact name, address, FAX number, e-mail address, hyperlink to a web site, business name, business specialty, business hours, and combinations thereof.
- 30 10. The method of claim 1, wherein the step of entering the at least one destination address further comprises:
  - d. selecting a menu function in the web browser for recording the at least one destination address;
- e. specifying the at least one destination address on an interactive display provided by the browser; and

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- f. storing the at least one destination address within the browser program.
- 11. The method of claim 1, wherein the step of entering the at least one telephone number record further comprises:
  - d. viewing a web page displaying the at least one telephone number record; and
  - e. copying the at least one telephone number record from the web page to the browser.
  - 12. The method of claim 11, further comprising:
    repeating steps (d) and (e) to enter additional telephone
    number records.
  - 13. The method of claim 11, wherein each telephone number record comprises a telephone number and an alphanumeric identifier for the telephone number, the method further comprising:

modifying the format of the at least one telephone number record entered to be compatible with the electronic telephone directory at each destination address.

- 14. The method of claim 1, wherein the step of sending the at least one telephone number record further comprises:
- detecting the at least one destination address on the browser;

determining from the at least one destination address the means for sending the message, wherein the means is selected from the group consisting of a computer network and a telephone network; and

composing a message containing the at least one telephone number record.

- 15. The method of claim 14, further comprising:
- marking the message to indicate that the message contains a telephone number record.

- 16. The method of claim 1, further comprising:
- entering a password for the user device on the web browser; and
- 5 marking the message with the password.
  - 17. The method of claim 16, wherein the password is recorded into the web browser.
- 10 18. A computer program product including instructions embodied on a computer readable medium, the instructions comprising:

entering instructions for entering at least one destination address into a web browser, wherein each destination address is associated with a remote user device having an electronic telephone directory;

entering instructions for entering at least one telephone number record into the web browser; and

sending instructions for sending the at least one telephone number record from the web browser through a network to each remote user device at the at least one destination address.

- 19. The computer program product of claim 18, further comprising:
- 25 recording instructions for recording the at least one telephone number record into the electronic telephone directory of each remote user device.
- 20. The computer program product of claim 18, further 30 comprising:

determining instructions for determining if each telephone number record already exists in the electronic telephone directory, wherein each telephone number record includes a telephone number and an alphanumeric reference;

recording instructions for recording each telephone number record into the electronic telephone directory if the telephone

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number and alphanumeric reference do not already exist in the electronic telephone directory; and

notifying instructions for notifying a user device if the at least one telephone record contains any telephone number or alphanumeric reference that already exists in the electronic telephone directory.

21. The computer program product of claim 20, wherein the notifying instructions further comprise:

prompting instructions for prompting the user device for a command selected from the group consisting of instructions to delete the telephone number record from the message and instructions to update the electronic telephone directory with the telephone number record from the message; and

executing instructions for executing the command.

- 22. The computer program product of claim 18, wherein each user device is selected from a mobile telephone, a personal computer, a voice mail messaging service, a FAX machine, a handheld computer, and a personal digital assistant.
- 23. The computer program product of claim 18, wherein each user device is selected from the group consisting of a device that can store and retrieve information and is connectable to a telephone network, and a device that can store and retrieve information and is connectable to a computer network.
- 24. The computer program product of claim 18, wherein each destination address is selected from the group consisting of a computer network address, Internet address, and telephone number.
- 25. The computer program product of claim 18, wherein the at least one telephone number record comprises a telephone number and an alphanumeric identifier for the telephone number.

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26. The computer program product of claim 18, wherein the at least one telephone number record comprises parameters selected from the group consisting of a telephone number, contact name, address, FAX number, e-mail address, hyperlink to a web site, business name, business specialty, business hours, and combinations thereof.

27. The computer program product of claim 18, wherein the entering instructions for entering the at least one destination address further comprise:

providing instructions for providing a menu function in the web browser for recording the at least one destination address;

identifying instructions for identifying the at least one destination address on an interactive display provided by the browser; and

storing instructions for storing the at least one destination address within the browser program.

28. The computer program product of claim 18, wherein each telephone number record comprises a telephone number and an alphanumeric identifier for the telephone number, the computer program product further comprising:

formatting instructions for formatting the at least one telephone number record entered to be compatible with the electronic telephone directory at each destination address.

29. The computer program product of claim 18, wherein the sending instructions further comprise:

identifying instructions for identifying the at least one destination address on the browser;

determining instructions for determining the means for sending the message based upon the at least one destination address, wherein the means is selected from the group consisting of a computer network and a telephone network; and

composing instructions for composing a message containing the at least one telephone number record.

30. The computer program product of claim 29, further 5 comprising:

marking instructions for marking the message to indicate that the message contains a telephone number record.

31. The computer program product of claim 18, further 10 comprising:

entering instructions for entering a password for the user device on the web browser; and

including instructions for including the password along with the telephone number record.

32. The computer program product of claim 31, further comprising:

storing instructions for storing the password into the web browser.

33. The method of claim 1, further comprising:

selecting a telephone number from a web page displayed by the browser;

capturing the selected telephone number into a telephone number record; and

allowing for entry of additional information into the telephone number record.